



Help with Bullying in the Workplace

Supporting staff to take positive action

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Duration: 2 hours

Help with Bullying in the Workplace has been developed to support adults to recognise and respond to bullying and harassment. The best workplaces are those that take a preventative approach, raising awareness of bullying and supporting staff to take positive action. This two-hour workshop draws on our positive and practical approach to dealing with bullying, giving your team the knowledge and skills, they need to recognise and respond to bullying situations.

Course content:

- Understand bullying and harassment
- Explore and recognise the impact of bullying on individuals, teams and work culture
- Learn practical based strategies for handling bullying situations
- Support development of a positive culture where staff are empowered to take action

“I felt that the training delivered was great. It was brilliant to have the opportunity to discuss how bullying can impact the work environment.”

“Valuable training for any workplace. Very knowledgeable and passionate about creating a culture of kindness within the team.”

Suitable for:

The course is suitable for all staff and team members in all organisations.

