



FRIENDSHIP FRIDAY

Superhero cape activity

Become a Kids-caper and design a superhero cape for a friend that's unique and special – just like them!

Recommended for ages 4-8

Introduction:

Did you know that we all have our very own super powers? We are all unique and special, and we all have something to offer our friends. That make us all superheroes in our own right!

What makes your friends special? Do they make you laugh, are they kind? Do they help you when you need it? Using the outline below, design a cape for your friend that is completely unique to them. You can fill it in with any colours, images, words (anything!) that you think makes your friend super special and unique.

Instructions:

1. Print out copies of the activity sheet overleaf – enough copies for all the children in your group, including a few extra in case they want to start again (or do a few for different friends!)
2. Each child should design a superhero-style cape for a friend or classmate. Using the cape outline provided, they can then fill it in with any colours, images, words (anything!) that they think makes their friend super special and unique.
3. If they struggle for ideas, some suggestions could be...

Colour – the background could be coloured-in with their favourite colour

Images – their friend might like dogs, reading, or doing sport, so their cape could feature drawings of these things.

Words – what words make you think of your friend? Are they funny, helpful, kind?



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Design a unique superhero cape for your friend

