

FAQ'S

Who can be nominated to attend the training? Teaching or non teaching staff and other professionals who have regular contact with young people (aged 13 years - 16 years) and who are able and willing to cascade the training direct to a group of young people. Individuals need to be confident to lead a session with a group of up to 10 young people who have been identified as being able to benefit from the programme and to demonstrate the techniques in the training.

What is involved in organising a training session? Schools will be asked to host the training sessions by providing a suitable room with access to a screen (for DVD) flipchart etc. All the training materials will be downloadable in advance and schools will be asked to print out to use prior to the training. There is also a small amount of paper work which needs completing and returning to Kidscape.

Why should I take part in the training – what are the benefits? The focus of anti-bullying work is often identifying the problem – this programme offers a solution focussed approach which will have real benefits to the young people. It offers a preventative approach which improves the well being of young people, enables them to engage better in education and offers tangible evidence of proactive anti-bullying work which can be highlighted in Ofsted Inspections etc.

Why do we have to commit to cascading the training to groups of young people? It is an established fact that young people benefit directly from practical sessions. Therefore a cascade model is a sustainable cycle that allows young people to teach other young people on ways to prevent bullying and control their aggression. The focus is on young people who have either been involved in bullying or are perceived to be vulnerable either to being bullied or displaying bullying behaviour.