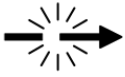


Telling trusted adults what is happening to me at school. You can write, draw, tell someone, or use the symbols if you want to show what you mean. If it is hard, then do a bit at a time. It is good to tell someone so they can try to help make this better.

← What happened?



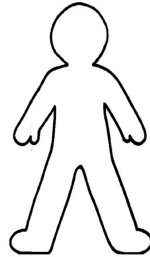
What did the teacher do?



How I am feeling (and where)



Who was involved?



name _____

class _____


date _____

When is it happening?



What I want to be better is:



 who	 confused	 angry	 scared	 worried	 unsafe
 name	 name	 What is happening?		 classroom	 playground
 teacher	 assistant			 outside	 dinner hall
 me	 adult			 bus / taxi	 corridors

 <p>when</p>	 <p>today</p>	 <p>morning</p>	 <p>afternoon</p>	 <p>How</p>	 <p>verbal</p>
 <p>before today</p>	 <p>going in</p>	 <p>What's happening?</p>		 <p>physical</p>	 <p>left out</p>
 <p>lining up</p>	 <p>working</p>			 <p>online</p>	 <p>tell teacher</p>
 <p>breaktime</p>	 <p>times?</p>			 <p>sometimes</p>	 <p>every day</p>




throw at
me




hitting



threaten



trip



push




punishment



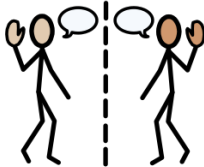
jump
scaring



kicking



stop



copying



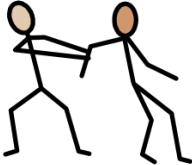
hurting
myself



scaring me



touching
me



pulling me



winding
me up



filming me



blaming
me



ripping my
work



scribbling



graffiti



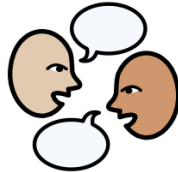
taking my
things



hurting



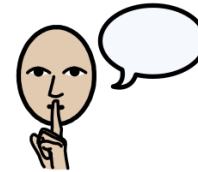
name calling



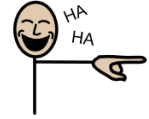
argue



shout



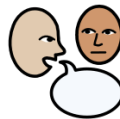
whisper



laugh at me



tell lies



tell me to do things



stop



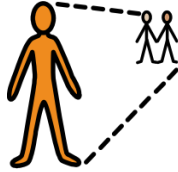
talk about me



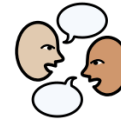
talk about me



leave out



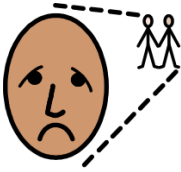
alone



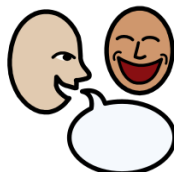
gaming chat



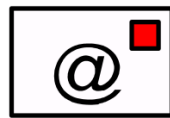
copying what I say



lonely



sarcasm



emails



online chat

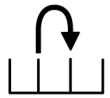


jokes



criticising

What happens Next?



Summary of what we said.



What will my teacher do?



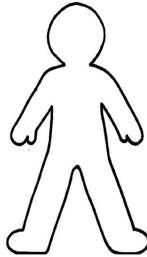
What Can I do?



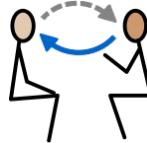
name _____

class _____

date _____



When will we meet again?



What my parents/ carers will do.

