

#### CREATING A KINDER SCHOOL COMMUNITY

# 1. BEING

Agree as a school community what you want to BE. If you want to be kind, make it central in all you say and do.

- How will a visitor know kindness matters to you?
- What will they see, hear, sense and feel as they move around the school?
- How will people in the school communicate with one another?
- How will people feel as they leave you?

# 2. LISTENING

Consult with everyone to understand how they experience kindness. Look at your strengths and challenges.

- What does kindness mean to you?
- Are people in this community kind?
- Can you share examples of how someone has shown you kindness this week?
- Do staff praise kindness?
- Do you know how to challenge someone if they're not kind?

# 3. DOING

Create a kindness action plan together.

- How can we communicate that kindness matters to us as a school community (e.g. displays, online)?
- How can we show kindness in all areas of the school?
- How can we show kindness to younger children or people who are sad or lonely?
- How can we reward kindness?
- How can we share kindness with the wider community?

### 4. EDUCATING

Think creatively about kindness.

- What are the opportunities to teach kindness throughout the curriculum?
- How can we make kindness integral to relationships education?

# **5. REFLECTING**

Kindess takes patience and practice.

- How can we create a culture of forgiveness where we learn from our mistakes?
- How can teach self-care as the foundation of care for others?